



20/02/26



It's been a really busy end of term. The classes have been really busy with volcanoes and robots. I have seen some excellent writing across the school. Mr Clemo and some of our KS3 students were very excited to go and visit Lewis at the Centre for Modelling and Simulation. They had a great experience seeing their robot and trying out their VR headset. They learned about lots of different job roles in the Technology sector.

This week has been both Internet Safety week and Mental Health week. The students have been completing lots of activities learning how they can keep themselves safe online. There are clear links between the two.

Scrolling too much without joining in (passive use) can sometimes make you feel more worried or sad. Some apps—like TikTok and YouTube—have been linked to more feelings of stress, worry, or loneliness for many young people. Seeing perfect photos or videos can make you compare yourself to others, which can cause low self-esteem or feeling not good enough. Research shows social comparison online can increase sadness or anxiety. Cyberbullying and unkind comments can hurt your feelings and mental health. Using screens too often can become a habit that's hard to break. One study showed that some kids pick up their phone over 100 times a day, which can affect their mood.

With that in mind, the best advice is moderation. Some good advice can be found here—[Managing children screen time - Parent advice | Internet Matters](#) .

I also want to highlight the Together for SEND conference on the last page. I know many parents struggle to navigate the SEND process when your child needs extra support. We are always happy to help. It is also useful to get support from other parents and this event should be helpful.

I wish you a restful break and we are looking forward to seeing the students back on Monday 23 February 2026.



**Our Mission**

**We Navigate Success Together with Ambition and Relevance**

## WHAT HAVE WE DONE IN OUR CLASSES THIS WEEK?

**Acorns** This week we have been working on our programming in computing with our new BeeBots. We built tracks and road maps for them to travel on, as well as bridges. We even made the Bee Bots a football pitch and programmed them to move a ball into a goal! Mr Keeping visited us in Science and showed us his rock collection! Last week we were working on learning our new text in English and writing directions to the Outdoor Learning area. We have worked hard to make sure we have capital letters and full stops in all the right places. In maths we have been learning different ways to multiply 2 digit numbers by 1 digit numbers, including partitioning and grid method.

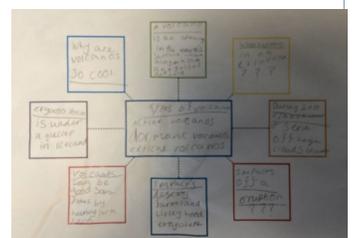
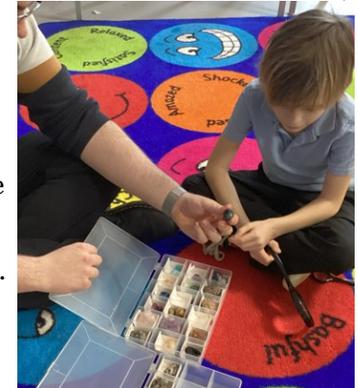
**Conkers** This week in Conker class we have taking part in Mental Health Week. The theme this year is 'belonging' so we have been looking at what makes us feel we belong somewhere and who makes us feel safe. We then designed our own island, including all the things that make us feel we belong. We have also been taking part in Internet Safety week, looking at being kind online, how to block people who are not kind, and exploring gaming routines. We have looked at activities we can take part in that make us feel as happy as gaming does. We have talked about the benefits of exercise and fresh air on our mental health. Last week we were practising writing sentences, making sure we include a capital letter and a full stop. We corrected Mrs Richardson's sentences and then wrote our own. In Maths we have been using cubes to help us multiply numbers. We started by grouping cubes and then made them in to arrays. We also filled our kindness gem jar! Each time we do something kind we colour in a gem, when the jar is full we choose a class reward so this week we went on a trip to the park as our reward.

**Maple** Maple class have been learning about sound. We have been discussing volume, pitch and learning how the ear works.

**Chestnut** This week has been very busy in Chestnut Class as we put the finishing touches on our fantastic natural disaster models. In English, we used our research skills to explore a range of events, from the Somerset floods of 2013 to Hurricane Irma, before creating some incredible non-chronological reports packed full of facts and showcasing all of our writing skills. Last week was full of excitement as we began constructing our project models, bringing the impacts of natural disasters to life. We also put our times table skills to the test while focusing on division in maths, and finished the week by making an amazing quick pasta in cooking.

**Oak** This week Oak class has finished their project work—after learning about natural disasters and its impacts, the students used their creativity to make their own natural disasters. The results were brilliant. The students have really shown their creativity and design skills.

Next term we will be learning about using money in maths. It would be great if you could explore the use of money e.g. when shopping.



Welcome to the

# Sea Mills

## FLOWER & CRAFT SHOW

St Edyth's Church Sea Mills

Saturday 9<sup>th</sup> May 2026

1.30 - 4pm

£1.00 Entry

- Refreshments
- Entertainment
- Displays
- Raffles & Stalls

Entry forms available from the cafe on the square, Sea Mills library, Pins & Needles & Facebook



Bristol Parent  
Carer Forum  
Shaping the Future *Together*

# TOGETHER FOR SEND 2026

MONDAY 16TH MARCH, 9.30AM-4PM  
WE THE CURIOUS, BS1 5DB



SCAN TO  
BOOK YOUR  
TICKETS!



OR VISIT

[WWW.BRISTOLPARENTCARERS.ORG.UK/EVENTS/TOGETHERFORSEND/](http://WWW.BRISTOLPARENTCARERS.ORG.UK/EVENTS/TOGETHERFORSEND/)



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and South Gloucestershire  
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we the curious