

There will be lots to look forward to this term. We will have our Christmas Celebration Assembly on Friday, 19th December and our students will have their Christmas Lunch on Wednesday 17th December.

We are really proud of our school and the work we do and of what our students achieve. As parents and carers we really value your feedback. Please could I ask that you take some time to complete our parent survey. The form is available here. North Star 265 Academy Parent Survey 2025-26 — Fill in form

If you have any issues/questions/ want to say "Hello" or perhaps let me know if there is a member of staff that has gone that "extra mile" for you and your child then please do get in touch: Rob.Skelton@Northstar-academy.co.uk

SAVE THE DATE

Our Christmas Celebration Assembly will be held on Friday, 19th December .

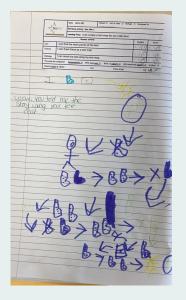
Our Christmas Meal for students will be held on Wednesday 17th December

This year we are taking part in Project Angel- a scheme that provides gifts for children who have had to leave their homes suddenly. We will shortly be an-



Our Mission









WHAT HAVE WE DONE IN OUR CLASSES THIS WEEK?

Acorns This week, Acorn class have been working hard in English to think of questions to ask characters in our text, and practicing oracy with explaining our answers. In computing, Tyreese recreated a famous piece of art by Piet Mondrian.

In SPAG and phonics, we have been working hard on our comprehension questions and segmenting words.

In project, we worked together to think of ideas of what makes us special. We were able to reflect well and appreciate how important we each are.

We have been focusing on Anti-bullying week. We had conversations about what to do if someone is being bullied and who we can speak to. We made fortune tellers with tips for people who aren't sure what to do in a bullying situation.

In Maths, we have been practicing our column addition and subtraction and being resilient with missing number questions. In English we have been making text maps and innovating our class text.

Conkers

Last week in Conker class we had our first cooking lesson. We made banana bread by mashing bananas and mixing them with butter, flour, sugar and eggs. It was delicious!

This week we have been learning our story in English and mapping it out on a text map, ready to innovate it. We will use the format of the story, but change the characters and settings to create a new story.

We have also completed lots of activities for Anti bullying week, looking at kind and unkind behaviour, the different types of bullying behaviours and how to report them. We have also designed odd socks to show that it is OK to be different.

Chestnut In art we made graffiti words I made mine after the minions. In cooking this week, we made kebabs it was amazing – despite taking so long! During PE we focused on rugby again – we focused on running and passing (evasion skills). We also tried out some of our new equipment out lacrosse. By Rubie

Oak So, this week we did beautiful graffiti. We did some beautiful English, Maths. Beautiful PE like gymnastics, football and rugby. We also tried a new sport – lacrosse. In English we wrote descriptions. I gave a train black smoke that came off the track. It was going 45 miles an hour. Hugo also gave a meerkat a six pack. By Levi

Let's Celebrate!



Well done to all students to us having a whole school attendance score of 83% over the school year so far. I always tell students "You cannot learn if you are not at school." Thank you for your continued support in helping us to achieve this.

What Parents & Carers Need to Know about AGE-INAPPREPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

F@!#

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their agerisks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.



The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

PLAY NOW

Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake — but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.



GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert
Cayley Jorgensen is a Registered Counsellor with The Health
Professions Council of South Africa, and she runs a private
practice offering counselling to children, teenagers and families.
Her main focus is creating awareness and educating the
community on the mental health pressures of today's world, as
well as resources and techniques to understand and cope better.











